

4ME CLASSES

Time	Mon	Tue	Wed	Thu	Fri	Sat
5.30am	Beginner	Open	Strength Reformer	Open	Open	No Class
6.30am	Jump Reformer	Beginner	Open	Beginner	Strength Reformer	Open
7.30am	Open	Pre/Post Natal	Beginner/Intermediate	Pre/Post Natal	Open	Advanced
8.30am	Open	Open	Open	Open	Pre/Post Natal	Strength Reformer
5pm	Open	Beginner	Beginner	Strength Reformer	Open	Open (9.30am)
6pm	Strength Reformer	Open	Booty Burn	Open	Beginner	TBD (10.30am)
7pm	Open	Jump Reformer	Open	Strength Reformer	Open	No Class

Class times may be subject to change*